Learning Track: Exploring the Health Care System

The challenges and opportunities inherent in health care take place within a context. Most of the challenges you face are characterized by layers of complexity that tend not to respond to technical fixes. You will take a systems-thinking approach to gain a better understanding of that complexity and how it affects your field, identifying adaptive shifts that are necessary to make significant change. These approaches directly challenge modes of leadership that place too much value on the role of the expert. You will explore the health care field in a ways that strengthen your capacity to see patterns, make connections and value ongoing inquiry.

The health care field also will be explored through a structural lens to deepen your understanding of power and privilege, structural and institutional racism. . There is a need for leaders with the commitment, energy, knowledge and skills to do the difficult work of advancing and sustaining cultural and linguistic competence in systems and organizations that develop policy, provide services and supports, conduct research and/or advocate with and on behalf of culturally diverse populations that are underserved, vulnerable and disenfranchised.

➢ **Learning Objectives**

▪ As you explore these issues, you will learn to:
▪ Take a systems thinking approach to understanding health care system by applying principles from adaptive leadership and network theory to enrich your understanding of the health care system and strategies for catalyzing change
▪ Identify adaptive challenges within the system and use those challenges as a starting point for your practicum project
▪ Articulate the importance of and the role of leadership in pursuing cultural and linguistic competence for achieving significant changes to the health care system through
▪ Describe cultural influences on the beliefs and practices of individuals and groups seeking or needing mental and physical health care, as well as systems and providers, citing four root causes of health care disparities and inequities.